## M/J Foundational Skills in Mathematics Grade 7 Warm-Up 8

## **Calculate:**

$$(\frac{2}{5} + |-5|)^2/3$$
  
 $(|\frac{2}{3}-5|x^2)-4$   
 $|(-\frac{2}{5})^2|+3$   
 $4+|8+\frac{1}{2}x8|$